

KINGSTON BOARD OF HEALTH
MEETING MINUTES
August 4, 2026

Present: Chairman Joe Casna, Vice-Chair Heidi Whipple, Members Sheryl Antoine, Rosemary Donahoe, Lauren Hache, and Health Agent Joyce Krystofolski.

5:00 p.m. Kingston Board of Health Meeting was called to order by Joe Casna.

VARIANCE REQUESTS:

52 Higgins Road – Joe Webby of Webby Engineering and Mike Driscoll, homeowner.

- Would like 2-bedroom ADU. Requesting a reduced leaching field of 329 square feet instead of 800 square feet. System gets pumped by Wind River. Joyce understands why this is requested. Sees no reason not to do it. Heidi asked if there would be a washer/dryer. Joyce suggests baffle tank but not a requirement.

5:03pm – Motion made by Lauren Hache to approve the variance as requested.

Second: Sheryl Antoine

5-0-0

24 Forest Street – Joe Webby of Webby Engineering and Mark Antoniotti, contractor

- Would like 2-bedroom ADU. The property is in Zone 2, where DEP restricts one bedroom per 10,000 square feet. Current property is approx. 47000 square feet. Joyce spoke with the DEP. An IA system would be needed – both the existing and the new systems. IA system requires service contracts. Different options were discussed including deed-restriction. There is no available aggregate land nearby. Joyce recommended she do a walk-through of the house. The Board is concerned about setting a precedent with Zone 2 and the growing interest in adding ADUs. Options are Joyce conduct a walk-through to verify bedroom count. If truly 4 bedrooms and the homeowner agrees to deed-restrict to 3-bedroom house and 1-bedroom ADU, they can keep the current system and a small system for the ADU; Install one combined IA system servicing both the existing dwelling and the ADU. The current system is at the end of its life.
- No action taken; the variance is withdrawn to allow homeowner to decide what he would like to do.

BILLS:

- Bills from July 2026 reviewed.

ACCEPTANCE OF MEETING MINUTES:

5:29 pm Motion made by Sheryl Antoine to accept the meeting minutes of July 21, 2026, as presented.

Second: Rosemary Donahoe

5-0-0

HEALTH AGENT REPORT:

- ADU inquiries from residents concerning what their system is. She is trying to educate and make sure they know to contact Conversation if applicable.
- Neighbor complaints – Odor complaint – no odor detected on inspection; chicken complaint – no violations found on inspection. Unhappy resident. Nothing on regulations that dictate how many chickens can be kept. There will be a meeting with Health Agent, Zoning, and Town Administrator to discuss possible regulations. Joyce will send an email to the resident.
- Kingston Night Out on August 11th – the Health Department will be in attendance.
- BLS Provider Class – the first class was held on July 28th.
- Inspections are going well with the Grant. Joyce has also been doing inspections.
- Will be scheduling a ServSafe class in September. Have been getting requests.
- Pool inspections at Kingsbury Club and Plymouth Bay Inn pool inspection upcoming. All pools will then be complete.
- Percolation tests and septic applications picking up.
- Correction orders have gone out on a few properties. Cranberry Court has not done anything. Garbage is still there. Non-compliance fines can be issued but she needs guidance on amounts. 106 Elm Street has been going on since approximately 2018. Septic has been in failure and is next to a wetland. She spoke with homeowner. No pumping records received. Homeowner has not done anything to correct the situation. Non-compliance fines typically motivate people. Joyce will try to find out what is in the current regulation. She thinks it is only \$50. She will send it to the Board before she sends letter. Joe states to go with what is in the regulation.

Rosemary asked about tick-borne illness. Postings are made on Facebook and on the website regarding ticks and mosquitoes. There is a new tick-borne illness. One case of cyclosporiasis – not related to Kingston. Annie is helping the seniors at the COA sign up for vaccine clinics. Joyce will read the Public Health Nurse's report.

- 1 Vibrio case, 3 HGA/Anaplasmosis, 1 Hep B, 1 Babesiosis, 1 Hep C, 10 Lyme Disease cases.
- Narcan boxes are installed at the library, town hall, highway department, Beal House. Refills are available through Plymouth County Outreach. Heidi requested a picture of the boxes be put on Facebook and the website so people will know what they look like.
- Flue vaccine: 35 are available for each clinic.
- Annie was on the Local Scene with Janet Wade in June.

DISCUSSIONS:

- Nitrous Oxide – email received from resident that saw 740-gram container called Kryo-whip being sold at MK Smoke Shop. Joyce went to MK. The clerk said they do sell it and showed her the canisters. It is posted “for culinary use.” Lori found some information regarding the restriction of the sales in Northampton. The tobacco specialist stated there is no regulation forbidding it, but some towns are using cease and desist due to toxic vapors. The Board will review the information. No action taken at this time.
- Posting the availability of recent food inspection reports by public records - the Board agreed it should be posted that they are available by public records request. Joyce will have the summer intern to write a PSA. All food permits have been updated so that they state they are available on request. Rosemary feels very strongly that the public have access to reports.

OUTSTANDING BUSINESS:

1. Battery Energy Storage Systems (BESS) – Rosemary has information that she will provide to the Board for review.

NEW BUSINESS: (Reserved for matters the chair did not reasonably anticipate at the time of posting): None

NEXT REGULAR MEETING: August 18, 2026

ADJOURN:

6:12 pm Motion to adjourn made by Heidi Whipple.

Second: Lauren Hache

5-0-0

Lori Jones, Administrative Assistant
Kingston Board of Health

Approved: August 18, 2026