

KINGSTON BOARD OF HEALTH
MEETING MINUTES
July 21, 2026

Present: Chairman Joe Casna, Vice-Chair Heidi Whipple, Members Sheryl Antoine, Rosemary Donahoe (via Zoom), Lauren Hache, and Health Agent Joyce Krystofolski.

5:00 p.m. Kingston Board of Health Meeting was called to order by Joe Casna.

BILLS:

- Bills from June 2026 reviewed.

ACCEPTANCE OF MEETING MINUTES:

5:02 pm Motion made by Joe Casna to move the meetings from Monday to Tuesday to accommodate the newest member, Lauren.

Second: Heidi Whipple

4-0-1 (Lauren present not voting)

5:04 pm Motion made by Sheryl Antoine to accept the meeting minutes of June 1, 2026, as presented.

Second: Lauren Hache

5-0-0

HEALTH AGENT REPORT:

- Joyce is halfway through the hoarding certification classes. The Grant covered the cost.
- Septic is steady. There may be a variance for August 4th.
- Dollar Tree closed last Monday due to pests. Making daily visits to make sure things are on track to re-open. It started as a mold complaint from a customer at the store. Upon inspection, the back storeroom raised concerns leading to closure.
- Food inspections are going well with ALSCO helping through the Grant. Joyce has also been doing inspections
- An issue with a food truck owner advertising at the Pottle Street food truck events without a permit. Paperwork has recently been received, and the truck inspection has been scheduled. The owner tried to use a Plymouth Inspection Report to get around a Kingston inspection and directly called ALSCO to try to circumvent the town's inspection process. Heidi mentioned she has heard from the town that the Health Department has a lack of friendliness and approachability. No further details were provided about the complaints. If a cancellation in the calendar occurs and an earlier appointment becomes available, he will be notified.
- Needs clarification of fines for septic/rubbish haulers that operate without a permit. It was recently discovered that it is \$500 not double the permit fee.
- Wind Turbine – old paperwork found. No active issue. It is a Planning matter not a Health matter.

5:18 pm Motion made by Heidi Whipple that fines are to be double the permit fee across the board.

Second: Joe Casna

5-0-0

DISCUSSIONS:

- Imposing fines for insufficient funds – to be tabled. Will find out what the returned check fee is.
- Risers added at time of pumping/inspection – Some towns require risers to be installed at time of pumping if not already present. The Board feels should not be mandated for existing systems, and new systems are covered under DEP regulations. No action will be taken.

OUTSTANDING BUSINESS:

1. Battery Energy Storage Systems (BESS) – Rosemary

NEW BUSINESS: (Reserved for matters the chair did not reasonably anticipate at the time of posting):

- Heidi stated that the Plymouth County Sheriff's Office is no longer doing well-being calls effective July 1st. The Board would like to invite Holly Nighelli, the Director of the Council on Aging, to the next meeting to discuss it.
- Joyce received an email from a resident whose neighbor filed an anonymous complaint. Joyce forwarded to the Board for review. Joyce went out to the property with the ACO and the MSPCA and found that everything the resident was doing was right. He is frustrated by the anonymous complaint and in certain cases, feels they should not be. Heidi said anonymity should be kept for those who want to remain anonymous. Sheryl feels the complainant should be notified if any action is taken. If they want to hear feedback they need to leave an email. The Health Department will ask complainants that wish to be anonymous, for their email address. They will also be informed that it will be part of Public Record.

NEXT REGULAR MEETING: August 4, 2026

ADJOURN:

5:36 pm Motion to adjourn made by Heidi Whipple.

Second: Rosemary Donahoe

5-0-0

Lori Jones, Administrative Assistant
Kingston Board of Health

Approved: August 4, 2026