

KINGSTON BOARD OF HEALTH
MEETING MINUTES
September 8, 2025

Present: Chairman Joe Casna, Vice-Chair Heidi Whipple, Members Dennis Randall, Sheryl Antoine, Rosemary Donahoe, and Health Agent Joyce Krystofolski.

5:03 p.m. Kingston Board of Health Meeting was called to order by Joe Casna.

DISCUSSION ON DRAFT REGULATIONS:

- Joe Casna stated the purpose of this meeting is to discuss the draft regulations pertaining to Kratom.
- A sample of a Kratom product was looked at. It was being handed out at a store in another town. Labeling was reviewed - very small font and hard to locate Kratom as ingredient.
- Rosemary suggested some changes.
- 5:16 pm Dennis Randall moved to incorporate the changes made by Rosemary Donahoe into the draft. No second. No vote.
- Violation fines were discussed. First violation \$1000. Second violation \$2000 and suspension of permits for 3 consecutive business days, and for third or more violations \$5,000 and suspension of permits for 7 consecutive business days.
- The regulations will go into effect 10 days after the adoption of the regulation.
- Business owners will be notified of regulation and public hearing.
- Will be submitted to Town Council for review the draft once the changes have been made.

5:47 pm Motion made by Heidi Whipple to accept the regulations as submitted with our additions and amendments as discussed in this meeting.

Second: Joe Casna

5-0-0

ZOOM PARTICIPANTS:

- Lori Jones read from the chat some of the information provided by the participants. Joe recognized and opened discussion with the participants.
- Misty Brown from Colorado gave her testimony regarding her use of Kratom.
- Lora Romney from Utah, a Kratom Educator, gave her testimony regarding Kratom and her use of Kratom.

PUBLIC HEARING SCHEDULED:

- October 6, 2025

6:05 pm Motion made by Heidi Whipple for a public hearing on Kratom & Kratom Products regulation to be scheduled for Monday, October 6th as room availability and time are determined.
Second: Joe Casna
5-0-0

ADJOURN

6:09 pm Motion to Adjourn made by Dennis Randall.
Second: Sheryl Antoine
5-0-0

Lori Jones, Administrative Assistant
Kingston Board of Health

Approved: September 15, 2025