

KINGSTON BOARD OF HEALTH  
MEETING MINUTES  
July 21, 2025

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Present: Chairman Joe Casna, Vice-Chair Heidi Whipple, Members Dennis Randall, Sheryl Antoine, Rosemary Donahoe, and Health Agent Joyce Krystofolski.

**5:07 p.m. Kingston Board of Health Meeting was called to order by Joe Casna.**

**BILLS:** Bills from June 25, July 1, and July 10<sup>th</sup> reviewed.

**ACCEPTANCE OF MINUTES:**

**5:08pm Motion made by Dennis Randall to accept the meeting minutes as presented for June 16, 2025.**

**Second: Rosemary Donahoe**

**5-0-0**

**HEARINGS:** 360 Country Club Way – Fred Tonsberg, Jr.

Mr. Tonsberg did not appear to discuss the correction order. Joyce, the Building Inspector at the time, Paul Armstrong, and Keith Hickey were there for an unrelated matter and all noticed the trash as they were driving. Pictures were taken and a complaint filed. Empty, vacant lot. Correction order issued. Mr. Tonsberg, Jr., came into the Health Department and wanted a hearing as he feels he is not responsible for cleaning up the trash. It is a housing code violation as it is an attraction for nuisance and pests. The trash has been there for a while.

The next course of action would be to take him to housing court. Joyce will notify Mr. Tonsberg, Jr. of the next meeting date. If he doesn't appear, it will proceed to court.

**VARIANCE REQUEST:** 11 Maple Ave. Board approved.

**HEALTH AGENT REPORT:**

- Perc tests, Septic installs and repairs, uptick in ADU's.
- Complaints are starting to come in. Rats, trash, mold on food.
- Food inspections are up to date.
- Met with Chief of Police to discuss the CORI/SORI process for Mobile Food/Ice Cream Trucks. When they apply for their Hawker/Peddler license, the State does these checks. There is no need for the Health Department or Police Department to do them again.
- Lori Jones completed 99% of the indexing of the digitized files. Some roads have changed names and are being investigated to match the new road names to the old files.

- Met with State Representative Kathy LaNatra regarding Kratoms. This is a plant derived substance being sold legally in smoke shops. Some communities are now banning it as it can have an amphetamine and/or opioid effect. There have been some deaths and there is also a need for rehab for detox. Joyce will email the Board with more information, and it will be added to the next meeting's agenda. She will also inform State Representative LaNatra know about the next meeting.
- All bills are paid for the fiscal year. No encumbrances.
- FY27 budget is being looked at soon. If any adjustments need to be made, then a discussion needs to be had.
- Tick kits are available. 1 per family as supplies are limited.

#### **DISCUSSION:**

- Pre-1995 Soil Evaluations.

**5:43 pm Motion made by Dennis Randall that Perc tests prior to 1995 shall not be valid for construction or repair.**

**Second: Sheryl Antoine**

**5-0-0**

- Garbage grinders. Dennis will work on the PSA for the next meeting.
- Require 2-compartment tanks to be pumped out during service.

**5:47 pm Motion made by Heidi Whipple that all compartment tanks will be pumped out at time of service.**

**Second: Sheryl Antoine**

**5-0-0**

- Permit applications – trying to streamline and organize Health Department permit application process. As they are finalized, will bring to the Board to review.

Sheryl mentioned the Baymont Hotel and that it is reopening as a hotel. Joyce stated some of the processes the owners are going through to get reestablished. New carpet is being put in and painting is being done now. The Health Department has been getting rat complaints now that the hotel is empty and their food source is gone. She has gone there, and the dumpsters are empty.

#### **NEXT MEETING:**

- August 4, 2025

**ADJOURN**

**5:51 pm Motion to Adjourn made by Dennis Randall.**

**Second: Heidi Whipple**

**5-0-0**

Lori Jones, Administrative Assistant  
Kingston Board of Health

**Approved: August 18, 2025**