

COUNCIL ON AGING ADVISORY BOARD MEETING
AUGUST 13, 2024

Meeting called to order at 11:30 a.m. at the Kingston Senior Center and broadcast on Local Seen with Zoom available for those not able to attend. Pledge of Allegiance was recited.

Board Members Present: Caty Starr-Chairman, Donna Weinberg-Vice Chair, Maureen Elwood, Kathy Studley, Mary Hayes and Associate Member, Lucy Colletta.

Other members present: Mary Beth Lawton-Council on Aging Director, Melissa Bateman, Select Board, Joanne Zygmunt, Senior Planner, Old Colony Planning Council(on Zoom) , Jenny Styers, new Outreach Coordinator, Kingston Council on Aging and Keith Hickey, Town Administrator.

Announcements: Chairman Caty Starr announced that there are several volunteer positions at the Kingston Council on Aging for Meals on Wheels, Café help, Computer Skills and for the new season of the Senior Tax Write Off Program. Reach out to the Director of the COA, if interested. Reminder of COA Advisory Board email: coa-ab@Kingstonma.gov.

Open Forum: There was no discussion at open forum.

Secretary Report: The June 11, 2024 Secretary Report has been moved to the September Advisory Board meeting for discussion. A July Advisory Board meeting was cancelled.

New and Old business:

MaryBeth announced that in addition to the \$10,000.00 charge for this Age and Dementia Program, there will be additional charges that will total \$35,000.00. She is looking for her formula grant to cover the initial \$10,000.00 but needs to research other areas, grants for the remainder. This initial amount would cover the survey to start. Last year MaryBeth looked into UMass program, but now is continuing the OCPC after reaching out to Joanne Moore, Director of the Duxbury COA. Today, presentation, discussion by Joanne Zygmunt (OCPC) for new age and Dementia survey included guidance by OCPC to oversee this program which included a breakdown of how it works. Included are forming a task force, organizing committees (8-10 people, members of community, COA Director, Advisory Board, Select Board, Media Manager, Local Vets, etc.), the planning and survey looking into housing, transportation, etc., adoption of program submitted for AARP review and the implementation program. This program will take time. Donna Weinberg made a motion to accept this program through OCPC, Maureen Elwood seconded, all in favor. Now this goes to Select Board for their approval.

A vote was taken on the final code of Conduct updated language from the town council. Kathy Studley made a motion to accept, Donna Weinberg seconded, all in favor.

Marybeth handed out the budget for review, if further questions may be moved to discussion at the September Advisory Board Meeting.

The COA Building Usage Agreement was handed out with revisions by Mary Beth. Due to time restrictions at this meeting, we moved discussion to the next September meeting.

New Outreach Coordinator, Jenny Styers, was introduced by Mary Beth. Jenny will be an asset to our COA, bringing with her experience from other COA positions. Jenny has plans for new applications, fuel assistance and other programs. She also has background in the ministry.

There was a brief discussion of our café menu items. A request was made by Maureen Elwood to print prices for the café on the monthly newsletter menu items. Also a request was made to place a menu on each table in the café. MaryBeth was going to look into it.

No Chairman's report.

Old Business moved to next month.

Directors Report:

See Report attached.

Mary Beth updated us on café with 245 meals served in June and 239 meals served in July.

Hours of café also now include Friday mornings, in addition to original hours on Tuesday through Thursday hours. Now, all ages are welcome to our COA café.

Half Court Pickle Ball Set Up-9/10 at 4P.M.with instructor. Playing time Tuesday evenings.

Bocce Court in progress on Friday afternoon at COA.

Cooking Demo now has full meal available for \$5.00. Café closed on that Friday each month.

Frankly Speaking with Nancy Franks has been booked through the end of year.

Change in Thanksgiving and Christmas lunches. An email received from Elaine Fiore, President of Friends on July 7, 2024 that since no request was received from COA for funds for Thanksgiving or Christmas lunches, they have made other plans outside COA for their own Thanksgiving and Christmas lunches. Therefore, MaryBeth will hold regular Thanksgiving and Christmas luncheon Thursday, November 14, 2024 and

December 12, 2024 respectively. The Friends will hold their two events on Wednesday November 20, 2024 and December 18, 2024.

Next regular COA Advisory Board to be held on Tuesday, September 10, 2024, 11:30 a.m. at Senior Center.

Motion made to adjourn meeting at 12:57 p.m. by Caty Starr and Kathy Studley seconded.

Respectfully submitted,
Donna Weinberg, Covering Secretary