

Kingston Council on Aging
Secretary Report
Advisory Board Meeting
April 11, 2023
Approved by vote at the meeting held on May 9, 2023

Meeting was called to order at 11:30
Pledge of Allegiance was recited.
Thank you, PAC TV,

Board Members present, Joe Favaloro - Chairman, Austin Sennett- Vice Chairman (via zoom), Donna Weinberg, Wes Meiggs, Joan Hutchinson, Caty Starr - Secretary, Maureen Elwood
Also Present: Mary Beth Lawton- COA Director

Open Forum - None

Secretary Report - A motion to accept the January Secretary's report was made by Caty and seconded by Maureen. All in favor.

Chairman's Report - Joe read his Chairman's Report which included information about a recent Salmonella outbreak linked to flour and tips to prevent this happening to you. There was also helpful information about what foods are better frozen instead of fresh.

Directors Report - Mary Beth's report included information about the upcoming Yard Sale which will be held on June 10th. There will also be a group training session for Board members that will be held on May 3 from 1:30 - 3:00 pm at the Duxbury COA. All Board members are requested to attend.

- Mary Beth spoke about wanting to create a caregiver's support group at the senior center, which would help give guidance and offer support to the people that are helping seniors in their family with memory issues. The idea behind this is to offer an activity for the memory impaired seniors while the care givers are at the support meeting.

- Caty gave a brief updated on the By-Laws - the proposed By-Laws were approved by the BOS at their meeting on 2/28/23. The next step is for the By-Law to be presented to the town on the Town Warrant at town meeting on 4/29/23.

- The Capital Planning request to enhance the sunroom by making it a full season room was denied.

- The new dishwasher in the kitchen has been installed and running well. The staff loves the new machine.

- OCES Meals. Mary Beth met with Marybeth Waldren from OCES regarding some changes.
1: the traveling chef will be here on September 5, 2023. This used to be something that

happened monthly, but it will now only be happening a couple of times a year. 2:Monthly specials will be starting in May on the first Friday of the month. 3:Cold boxed lunches will be provided on Mondays. All of this food is provided by OCES but does have suggested donations for each.

- Baked goods will be coming back to the Senior Center and will be available on Mondays, Tuesdays, Wednesdays and Fridays.

- Bathroom Issue - the decision has been made to designate the bathroom closest to the front desk as a staff bathroom only. The main bathroom has handicap accessibility and multiple stalls for use.

- Program and Activity position is more of a part-time position. Mary Beth would like to bring back the Assistant Director's position. This had been voted for by the Ways and Personnel board and is now on the Town Warrant for town vote. This position will also be in charge of volunteers.

- There will be a succulent class on 5/1.

- There will be a free lunch provided by Elevated Roots on 4/18.

- There will be a Candidate Forum brunch and learn on 4/17 including a debate for the Treasurer's position.

The Dog Policy is in place currently and working well.

COA Board elections for seat positions are on June 13. Chair, Vice Chair, Secretary are all available.

There are new Gatra van hours: Mon - Thurs 8:30am - 4:30pm; Friday 8am - 4pm.

Remembered: Bill Mello

Suggestion/Comment Box - There was a comment about the bingo players pushing out the lunch crowd early. Discussion about this and the bingo players need to wait until lunch is over before entering the room. There was a comment about the rolls not being fresh at the Thursday lunches. The rolls need to be picked up the day before the lunch because there is not enough time on Thursday morning to get them.

Next meeting will be May 9, 2023 @ 11:30 at COA Senior Center and/or ZOOM

Motion to Adjoin was made by Joan and seconded by Maureen. All in Favor.

Respectfully submitted,

Caty Starr, Secretary