

Kingston Council on Aging
Secretary Report
Advisory Board Meeting
January 10, 2023
Approved by vote at meeting on 4/11/23

Meeting was called to order at 11:30
Pledge of Allegiance was recited.
Thank you, PAC TV,

Board Members present, Joe Favaloro - Chairman, Austin Sennett- Vice Chairman, Donna Weinberg, Wes Meiggs, Joan Hutchinson, Caty Starr - Secretary, Maureen Elwood
Also Present: Marybeth Lawton- COA Director, Mary Hayes, and Jack Sullivan - Triad representative

Open Forum - None

Secretary Report - A motion to accept the December Secretary's report was made by Joan and seconded by Austin. All in favor.

Chairman's Report - Joe read his Chairman's Report which included recent scams against seniors to watch out for, specifically a scam that a family member needs assistance due to legal trouble, and his list of ridiculous questions (very funny!).

Directors Report - Marybeth made some suggested changes to the Pet Policy and will be bringing it to the BOS meeting on 1/17 for approval.

The revised By-Laws were reviewed. Motion to accept the By-Laws as written was made by Caty and second by Austin. All in favor. Next step is for Marybeth to present this at the BOS meeting for approval. Motion to support that was made by Joan and seconded by Maureen. All in favor.

Sampson Memorial Fund - There is money available in the fund and Marybeth suggests we apply for \$2000 to be used for a Triad budget. This would be a joint grant for COA and Triad to help provide extra things needed at meetings. Motion made for the Board to support Marybeth applying for the Sampson Fund grant funds made by Caty and seconded by Maureen.

Annual Report - review and discussion of recap drafted by Marybeth. Marybeth will submit the report as written for inclusion in the Town's annual report.

Dishwasher - a commercial machine is required in the kitchen. Marybeth had a representative from Hobart come in and make a recommendation to what we need. BOS meeting will discuss the use of ARPA money to pay for \$9000 for this machine.

Alarm/Fire suppression system - there were two recent events that caused the system to alarm. A couple of heads for the dry system malfunctioned. The system is being reevaluated and estimate to fix the system is \$13,000.

Stove in kitchen has been problematic for years with the pilot going out, half of the stove top not working, the doors not being insulated and causing a burn hazard. The lack of insulation causes the heat in the kitchen to be much greater, which leads to not being able to use it in the summer months because the kitchen gets too hot. Marybeth discussed with the kitchen staff and would like to replace the stove with an electric model. She is hoping to find money within the formula grant to source the funds for this. Also, fire suppression system could be retrofitted for an electric stove.

Kitchen inspection passed.

Covid & Flu shot reminder for everyone. Please get boosted to help prevent the most recent variant.

Triad - Jack Sullivan shared a history of Triad nationally. November 2021 our Triad committee was assembled. There are several towns in Plymouth county that have Triad committees. The committee's main goal is to spread awareness to the senior community around safety. They bring in people and other departments for presentations, including the Police and Fire Departments. Jack is looking for help with new topics and help with creating awareness of the program. Austin mentioned helping Jack as a liaison of our board, as did Marybeth, to help with ideas to gain traction with the programs and increase awareness of the programs.

Remembered: None

Suggestion/Comment Box - There were three comments: 1- Thank you for the holiday dancers; 2- suggestion about having an outside to judge for events; 3- ask the Conservation Commission again to increase the parking lot for the senior center. Discussion around why adding spaces hasn't been approved in the past due to cost and space.

Marybeth introduced the idea about Fit Lots and how one may be able to be brought to Kingston in conjunction with the Recreation Department.

Next meeting will be February 14, 2023 @ 11:30 at COA Senior Center and/or ZOOM

Motion to Adjoin was made by Joan and seconded by Maureen. All in Favor.

Respectfully submitted,
Cathy Starr, Secretary