

Kingston Council on Aging
Secretary Report
Advisory Board Meeting
November 8, 2022
(approved by vote on 12/13/22)

Meeting was called to order at 11:30

Pledge of Allegiance was recited.

Thank you, PAC TV,

Board Members present, Joseph Favaloro - Chairman, Austin Sennett Vice Chairman, Donna Weinberg, Wes Meiggs, Maureen Elwood,

Also Present: Marybeth Lawton- COA Director and Dennis Randall - Board of Health representative.

Open Forum - Reminder that today is voting day. Get out there and vote!

Secretary Report - A motion to accept the October Secretary's report was made by Maureen and seconded by Donna. All in favor.

Special Meeting on 10-25-22: A motion to accept those minutes was made by Maureen and seconded by Austin. All in favor.

Chairman's Report - Joe Favaloro presented his report which included several ways to stay as young as possible and Air Fryer mistakes you are making. Report attached.

Directors Report - Marybeth presented the revised Pet Policy which is now called the Dog Policy. At the recent Board of Selectman meeting, they discussed this policy. It was then sent to Town Council for review. Town Council suggested changes to breeds of dogs that are allowed/not allowed. Discussion around this and consideration limiting breeds over a certain weight limit. Decision made to let Marybeth take some more time with the language and reach out to the local dog officer, and we would further discuss next month.

- By-Laws: The ability to get the By-laws passed generally lies with the Board of Selectmen, however because we are trying to add Associate Member language, it would then need to go to the Town Meeting. Marybeth gave us an example from another town to show us the correct format that we should have followed. It was decided that Marybeth would check on the process and report back to us. Joe made a motion to take the existing By-Laws and have them reformatted. Motion was seconded by Maureen. All in favor.

- Age & Dementia update: there will be a joint meeting with the COA and the Board of Selectmen to discuss the Age & Dementia initiative on 11/29 at 6pm.

- Transportation Update: the new hire that Marybeth was hopeful would be joining the team, took another job. There is an interview with another candidate this afternoon. There will be a joint training for all of the staff members to learn the new format for arranging Gatra transportation moving forward.

- Phil's lunch will be twice a month starting in January on the first and third Tuesdays of each month. The meals will be a suggested donation of \$4.00
- Capital Improvement Project for the back deck transformation into interior space has been submitted.
- The round table from out back has been temporarily moved out front for seniors to use while waiting for the van.
- FY24 budget has been submitted with a request for additional hours for Joyce. There were line-items removed that haven't been used in several years, and added funds to a new Programs and Activities line item. There was some discussion around the Food budget and possible shortfall. Marybeth mentioned she has a large surplus from the Formula Grant and would be able to use some of those funds towards any shortfall if needed.
- Marybeth is still working on updating the rental agreement for the kitchen.
- Liability Waivers will be discussed at the next meeting.

Board of Health Update - Dennis Randall said the BOH is in the process of reviewing their strategic plan that is centered around the demand for the services provided to the COA. Marybeth mentioned she has already requested an increase to Leanne's hours allowed at the COA and explained the reasoning regarding the increased need.

Joe's last words - please get your Covid and Flu shots. They are forecasting a record high Flu season. There is a flu shot clinic on 11/11 at the senior center and a covid shot clinic on 11/15 at the Town House. If these dates don't work, you can get your free shots at most grocery stores and pharmacies.

Remembered - none

Suggestion/Comment Box - none

Motion to Adjoin was made by Austin and seconded by Maureen. All in Favor.

Respectfully submitted,
Caty Starr, Secretary

Next meeting will be December 13, 2022 @ 11:30 at COA Senior Center and/or ZOOM