

KINGSTON BOARD OF HEALTH  
MEETING MINUTES  
June 16, 2025

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Present: Chairman Joe Casna (via Zoom), Members Dennis Randall, Rosemary Donahoe, Health Agent Joyce Krystofolski.

Absent: Vice Chair Heidi Whipple and Member Sheryl Antoine.

**5:04 p.m. Kingston Board of Health Meeting was called to order by Joe Casna. Roll call done.**

**BILLS:** Bills from May 19th, reviewed.

**ACCEPTANCE OF MINUTES:**

Rosemary added a friendly correction to the minutes to show that Sheryl Antoine will be the liaison to the Sewer Department not the Water Department.

**5:05pm Motion made by Dennis Randall to accept the meeting minutes as presented for May 19, 2025, with amendment.**

**Second: Rosemary Donahoe**

**3-0-0**

**HEALTH AGENT REPORT:**

- The Health Department purchased information brochures.
- Tobacco compliance checks were done recently. A 3<sup>rd</sup> and 4<sup>th</sup> time offense. Both Quick Marts. A 30-day and a 1-year loss of sales. Joyce feels it is time to pull the permit on one of the stores as it has been an ongoing issue. She will check with the Town Council. Letters with fines will go out this week to the stores that were in violation. A letter thanking business who passed the compliance check will also go out. Tobacco violations will be posted on Facebook and website. On 4<sup>th</sup> offense, if we pull permit that is it. They do not get their license back until change in ownership completely before they can reapply. Not a family member. Joyce explained to the Board the State's penalties on tobacco violations.
- Email sent to Board regarding Mobile Integrated Health Program

**DISCUSSION:**

- Mobile Integrated Health Program – Joyce sent information via email. Rosemary felt the information packet lacked information. Who saves the money? The Town, the insurance company? It was not clear. No usable information in the packet. Joyce will report to Keith Hickey that the Board of Health is not interested.
- The new Fee Schedule was edited and needs signatures. The ADU fee was increased to \$175. The present board members signed.

- Grease Traps – no formal regulations regarding grease traps. Must comply with Title V. Joe recommends talking to Tom Bouchard as he would deal with it on the plumbing permit.
- Garbage grinders – Joyce feels strongly about this. If a septic system is not designed to have a garbage grinder, it should be mandatory to be removed if found to have one on Title V inspection. It decreases the effectiveness of the SAS. If you have a garbage grinder on your system, you must upsize the septic system leaching field by 50%. Joyce feels that when a house is being sold, the system is in good working order and is correctly outfitted according to the plans so the new homeowner doesn't have to pay for a repair in six months because they did not know they shouldn't have a garbage grinder. Joe would like to put this topic off until the next meeting when there is a full Board.
- Pre-1995 Soil Evaluations – Joe feels it is reasonable. Joyce feels for the sake of public health and safe drinking water, it is not unreasonable to ask for a perc. The rules weren't the same and it can be done during construction when the leaching field is opened up. The only problem could be a bad perc test and they can't just replace it. The criteria may not be the same. Joe is in support but would like to put off until next meeting when there is a full Board to vote on it.

#### **NEW BUSINESS:**

- Rosemary asked if we had any luck hiring a nurse. Joyce responded that we do have a nurse that works limited hours, but the Public Health Grant is hiring a full-time nurse. At this time, there are no candidates as the salary is low. Rosemary mentioned she went to an opioid abatement open hearing and inquired about how much money Kingston received for the opioid abatement. Joyce states it goes into the general fund and she should contact the Selectmen's office to find out more information about how those funds get distributed.
- Joyce was copied on an email regarding Grant funds that aren't accounted for. She will forward that to Linda Riordan as Joyce has no records since it pre-dates her.

#### **NEXT MEETING:**

- July 21, 2025

#### **ADJOURN**

**5:39 pm Motion to Adjourn made by Dennis Randall.**

**Second: Rosemary Donahoe**

**Roll call vote**

**3-0-0**

Lori Jones, Administrative Assistant  
Kingston Board of Health

**Approved: July 21, 2025**