

KINGSTON BOARD OF HEALTH
MEETING MINUTES
September 18, 2023

Present: Chairman Joe Casna, Vice Chairman Bill Kavol. Members Dennis Randall, Heidi Whipple, and Health Agent Joyce Krystofolski,
Absent: Member Janet Wade

6:04 p.m. Kingston Board of Health Meeting was called to order by Joe Casna.

BILLS:

- Bills for August 23, August 25, and September 11, 2023, reviewed.

ACCEPTANCE OF MINUTES:

6:06pm Motion made by Dennis Randall to accept the meeting minutes of August 21, 2023, as presented.

Second: Heidi Whipple

4-0-0

DISCUSSION:

- Joe asked Joyce if she had gotten more information relating to Pine duBois' questions from 8/21 meeting regarding spraying. Joyce has a call into DEP.
- Approx. 35 residents signed up for the September 20th flu clinic with Big Y at the Town House.

HEALTH AGENT REPORT:

Approved Septic Plans:

- | | | | |
|----------------------|------------------------|-----------------------|------------------------|
| • 6 Charles Drive | Permit expires 7/11/26 | • 116 Three Rivers Dr | Permit expires 8/3/26 |
| • 22 Charles Drive | Permit expires 7/11/26 | • 123 Wapping Road | w/ conditions |
| • 26 Charles Drive | Permit expires 7/11/26 | • 7 Hemlock | Permit expires 8/21/26 |
| • 55 Longwood Circle | Permit expires 2/19/25 | • 7 West Street | Permit expires 9/6/26 |
| • 17 Lydon Lane | Permit expires 8/2/26 | • 6 Autumn Way | Permit expires 8/31/25 |
| • 6 Nava Landing | Permit expires 5/3/25 | • 17 Brentwood | Permit expires 8/8/26 |
| • 9 School Street | Permit expires 2/21/26 | • 13 Tarkiln Rd | Permit expires 9/5/26 |
| • 16 Sequoia Drive | Permit expires 8/23/26 | | |
| • 8 Smelt Pond Road | Permit expires 3/6/26 | | |
| • 49 Winthrop Street | Permit expires 7/25/26 | | |

Pending Disposal Construction Permits

- | | |
|--------------------|------------------------|
| • 31 Charles Drive | • 47 Charles Drive |
| • 34 Charles Drive | • 120 Country Club Way |
| • 35 Charles Drive | • 165 Pembroke Street |
| • 38 Charles Drive | • 51 Charles Drive |
| • 39 Charles Drive | • 54 Charles Drive |
| • 42 Charles Drive | • 55 Charles Drive |
| • 43 Charles Drive | • 60 Country Club Way |
| • 46 Charles Drive | • 21 Kennedy Road |

- 113 Wapping Road
- 117 Wapping Road

- 271 Main Street

Wells

- 2 well permits issued.

Complaints

- 6 Forge Rd – abandon home
- KFC - resolved
- Rooster-Spring Street letter sent, Nottingham – nothing found
- Baymont – housing addressed by management of shelter
- 10 Atwood - closed
- 32 Deer Run - closed

Inspections

- 8 Maple Ave - perc
- 24 Charles – open hole
- 49 Winthrop – bottom hole, d-box, SAS, final
- 10 Rosewood Dr – d-box
- 271 Main St – perc test
- 17 Brentwood – open hole, tank, d box, SAS, final
- 7 Hemlock - final inspection

Retail Permits

- 2 permits issued for Peggy's Kitchen

Department

- Lori went to the COA for flu clinic sign ups on 8/31 and 9/14.
- Lori scanning septic files – ongoing – big project.
- Online permitting
- Rocky Nook beach closing 9/14. Retested 9/14 and results received and beach reopened 9/18.
- 2 housing complaints resolved.

Training/ Meetings

- Grant meeting - Duxbury
- Soil evaluator classes
- Country club way maintenance building meeting with multiple departments.

The MDPH Survey has been posted on the Town website and Facebook. Heidi asked if Lori could make the post shareable and share it on the other Kingston Groups on Facebook.

Joyce attended a Land Trust meeting today for a solution to the trash situation with the homeless. There will be another meeting with the managers of the Kingston Collection and Wal-Mart. Conservation has called the DEP to have the fence repaired that leads from the highway.

Joe asked about the Duxbury Health Agent that has emailed regarding some information on how Animal Control is paid for by the Town of Kingston. They are looking for guidance on how to establish a rate. Joe asked Lori to find out and respond.

HEALTHY KINGSTON:

- Janet's report was read by Joe Casna in her absence.

Report for the Kingston Board of Health Meeting – Sept. 18, 2023

Healthy Kingston

- PAC-TV program on *Climate Change* with Matt Penella, Town Conservationist and Pine duBois, Executive director of the Jones River Watershed Association.
- October will present hour long a variety of highlights from a number of the past 49 programs.
- November will be focused on *Veterans Physical and Mental Health*. I am inviting Dennis and Bill to participate. It will tape the third Thursday of Oct. at 1PM at PAC-TV. I also plan to invite the woman who is in charge of Veterans Services in town.
- *Healthy Kingston Kids* health related toys/materials are in the children's playroom at the library: medical coats, patient gowns, scale, height measure, medical bag and equipment. Play medical office display being assembled.

Creation of a Kingston Board of Health Manual – board members and staff look in your email for assignments.

New PHN - I met with the new PHN Michael Di---- . I offered him and Joyce suggestions on building a base for the position going forward, including: local networking and future programming. Michael has a potential candidate for a town doctor.

I happened to view the list of services provided by the PHN listed on the Health Dept. website. I think that these need to be reviewed by the PHN and the Health Agent and prioritized as to their feasibility and eliminating those that are not as yet realistic to provide until such time as the PHN has had sufficient training (i.e. being an advocate for victims of domestic violence).

DISCUSSION CONTINUED:

- Grease Traps – now a non-issue.
- Private Hauler Regulations - clarification on quarterly reporting. Joe suggested that Paul Basler of the Highway Department come to a November meeting to discuss how the haulers can meet DEP regulations regarding percentage for Kingston. Paul is responsible for tracking. BOH has authority.
- Public Health Nurse – Michael completed MAVEN training.
- BOH Mission Statement/Member guidelines – Janet has assigned each member a task to get information together.

Joe asked about checking on elderly living alone. Heidi mentioned a call list that is available but isn't sure if non-family members can sign someone up. Joyce will ask Holly at the Council on Aging for more information.

Lori read a chat message that came in via Zoom. She responded to that message during the meeting.

NEXT MEETING:

- October 2, 2023

ADJOURN:

6:43p.m. Motion to Adjourn made by Dennis Randall

Second: Heidi Whipple

4-0-0

Lori Jones, Administrative Assistant
Kingston Board of Health

Approved: October 2, 2023